



# CE *Workshops*

ASIAN AMERICAN PSYCHOLOGICAL ASSOCIATION PARTNERED WITH HAWAII PSYCHOLOGICAL ASSOCIATION TO OFFER CONFERENCE ATTENDEES FOUR OUTSTANDING **CONTINUING EDUCATION PROGRAMS**

- ▶ **FOUR CE PROGRAMS SPONSORED BY HPA, AN APA- APPROVED CEU PROVIDER**
- ▶ **1 CE CREDIT PER SESSION**
- ▶ **FEE \$30 PER SESSION**
- ▶ **EASY ON-SITE REGISTRATION**

## **Kānaka 'Ōiwi Issues and Perspectives on Health and Well-Being: Keawe'aimoku and I Ola Lahui: Rural Hawai'i Behavioral Health.**

Kānaka 'Ōiwi (Native Hawaiians) are thriving and enduring as they double in population size over the next 40 years and revitalize their traditional values and practices to promote healthy and self-sufficient communities. Juxtaposed to their revitalization and self-determination efforts are socio-cultural and socio-economic challenges that test their resolve and resiliency, which places them most at risk for physical and mental health problems. This presentation will 1) present the social determinants of, and contemporary challenges to, Kānaka 'Ōiwi health, 2) Kānaka 'Ōiwi conceptions of health and well-being, and 3) assessment and treatment strategies to address Kānaka 'Ōiwi health and well-being.

**Presenters: Joseph Keawe'aimoklu Kaholokula, Ph.D.**  
**Chair and Associate Professor of Native Hawaiian Health**  
**Department of Native Hawaiian Health, John A. Burns School of Medicine**  
**University of Hawaii an Manoa**

**Robin Miyamoto, PsyD.**  
**I Ola Lahui Rural Behavioral Health Program**  
**Director of Training**

## **Challenging the Model Minority Myth: International and Asian American First-Generation College Students**

There continues to be a stereotype that all Asians look alike and that they are universally thriving in academia. However, the people of Asian descent within America are an ethnically diverse group, varying demographically with regard to language background, country of origin, immigration history, religion, socioeconomic status, and educational attainment. Despite the belief that Asian and Asian American students do not struggle academically, research shows us that Asian international students, Southeast Asian Americans, and Pacific Islanders often experience considerable challenges as they pursue degrees in US colleges and universities.

**Presenters: Bong Joo Hwang, Ph.D.**  
**Psychologist at Ohio State University Counseling and Consultation Service**

**Catherine Bitney, Ph.D.**  
**Postdoctoral Resident at Texas State University Counseling Center**



## Domestic Violence in Asian Mail-Order Brides: From Research to Clinical Practice

This symposium focuses on domestic violence in Asian mail-order brides (also called international brides/picture brides/out-of-town brides). The historical context, current trends, and prevalence of domestic violence among Asian immigrant/mail-order brides will be examined. Presenters will share their experience on working with Asian mail-order brides in the CalWorks program. Characteristics and risk factors for domestic violence in Asian mail-order brides will be discussed with case examples. Both clinical and research implications will follow.

**Presenters: Eddie Chiu, Ph.D.**

**Associated Professor at California School of Professional Psychology at Alliant University San Francisco  
Director of Asian Family Institute**

**Lauren Mai, Psy.D.**

**Neuropsychology Fellow at UCSF Psychosocial Medicine Neuropsychological Service and Mental Health Counselor  
at Asian Family Institute**

**Namita Mangalath**

**Doctoral Student in Clinical Psychology at California School of Professional Psychology at Alliant International  
University San Francisco**



## Understanding Mental Illness Stigma Dynamics to Improve Mental Health Disparities among Asian Americans

Asian Americans and Pacific Islanders (AAPI) encounter various cultural barriers as they seek mental health services, in particular that of mental illness stigma. This symposium will highlight recent interdisciplinary innovations in research examining mental illness stigma as it relates to preventive efforts to reduce stigma and to narrow the mental health disparity among the AAPI community.

**Presenters: Zhen Hadassah Cheng, M.S.**

**Doctoral Student in Clinical Psychology at University of Oregon**

**Graciete Lo, Ph.D.**

**Postdoctoral Fellow at National Center for PTSD—Pacific Islands Division**

**Lawrence Yang, Ph.D.**

**Assistant Professor of Epidemiology, School of Public Health at Columbia University**

**Gordon Nagayama Hall, Ph.D.**

**Professor of Psychology at University of Oregon**

These programs are co-sponsored by the Asian American Psychological Association and the Hawaii Psychological Association. The Hawaii Psychological Association is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. HPA maintains responsibility for the program and its content. Participants will be provided with documentation of CE credits. Complaints should be directed to Rosemary Adam-Terem, CE Administrator, HPA, P.O. Box 833, Honolulu HI 96808.

***Important Notice:*** Those who attend the workshops, sign in and out, and complete and submit the evaluation forms will receive continuing education credits. Please note that APA CE rules require that credit is only given to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled starting time of the workshop or leaving before the workshop is complete will not receive CE credit.

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